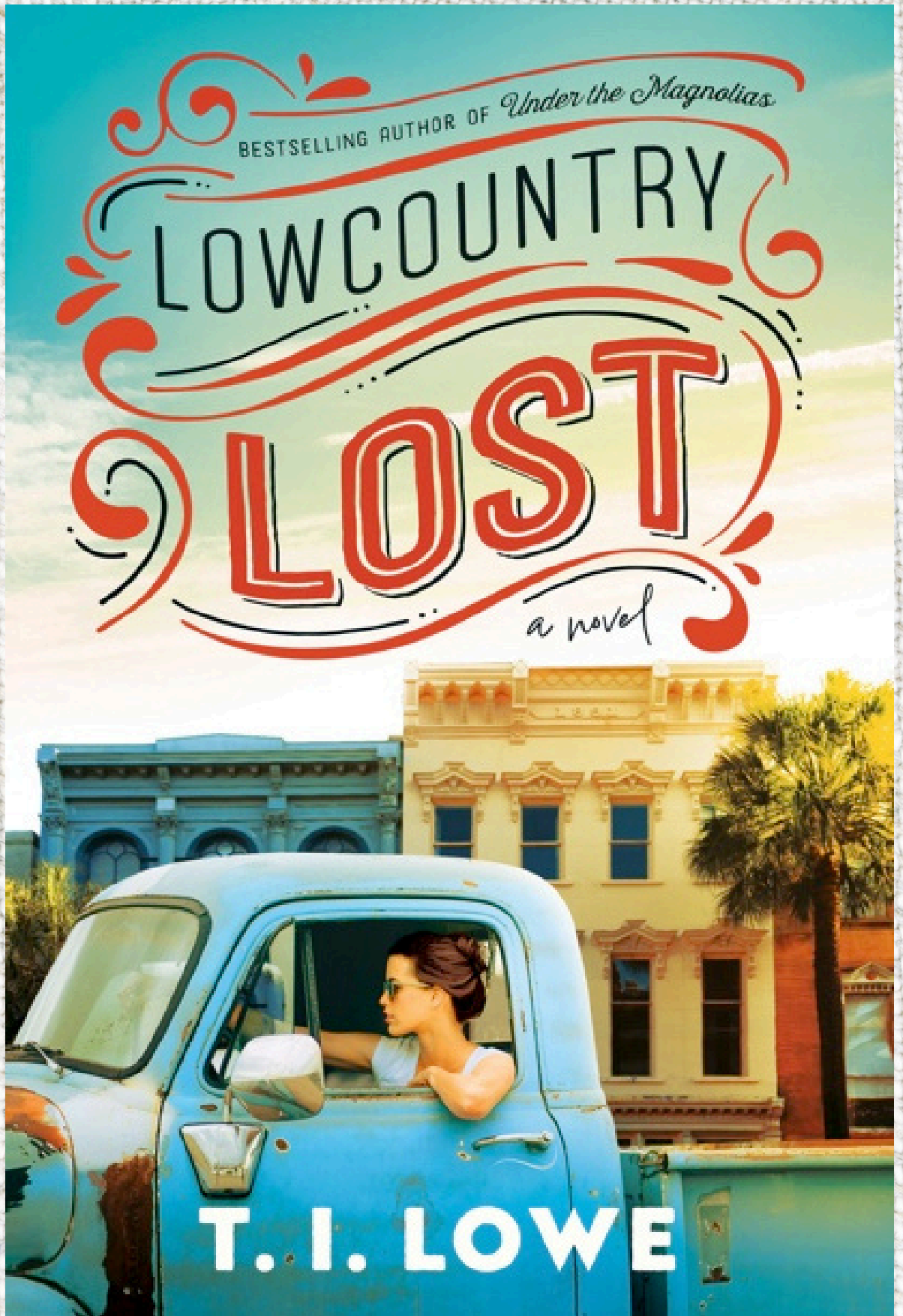


Lowcountry Lost BOOK CLUB KIT





# ABOUT THE AUTHOR

T.I. LOWE

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T. I. Lowe is an ordinary country girl who loves to tell extraordinary stories. She is the #1 international bestselling author of twenty published novels, including her recent bestselling and critically acclaimed novel, Under the Magnolias, and her debut breakout, Lulu's Café.

Fans of Delia Owens and Nicholas Sparks will enjoy Lowe's novels brimming with Southern charm and coastal vibes. Perfect for beach reads and book clubs!

Connect with T.I. on Goodreads and Bookbub!

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# Q&A With the Author



**1. Without giving too much away, can you tell us a little bit about the storyline of *Lowcountry Lost*?**

*It's about one woman who feels like a ghost town—barely existing and all but forgotten—while taking on the task of bringing life back to an actual ghost town. Avalee will face her own revitalization while working on this town, uncovering a past that needs to be dealt with once and for all.*

**2. Where did your idea for this story come from?**

*During my pregnancy with my daughter, I was told I was miscarrying. I was beyond devastated, but then they found a heartbeat! That affected me intensely and gave me more empathy for those who do not find a heartbeat. This story is me trying to pay my love and respect to those who have lost a child.*

**3. What are some of the major themes of this story?**

*Grief. Found family. Second chances.*

**4. What is special about the relationship between your main characters, Avalee Elvis and Rowan Murray?**

*They were childhood friends first, so they have a multifaceted bond that a normal relationship doesn't have. They came into it with personal knowledge that someone new wouldn't know. I think that's why they were unable to break their connection so easily.*

**5. You've written your fair share of love stories. How was writing a second chance romance unique to your other love stories?**

*I'm a sucker for second chance romance. It's unique to write because the couple has history on a much deeper level than say a new love interest. But also unique because the separation has allowed time for change and the couple must learn each other all over again.*



Hey y'all!

If you've been my reading friend for a while, you know I'm all about some good ole southern cooking. Each of my books normally highlight some type of southern cuisine, and Lowcountry Lost is no different.

In this story, our craftsman/prankster Froid is always cooking up mischief or something yummy to eat! Next, I will share some of the recipes he and I came up with.

Hope you enjoy!

T.I.



## FROID'S BLOODY MARY SAUSAGE & RICE

*from T.I. Lowe's kitchen*

SERVINGS: 6

PREPPING TIME: 15 MIN

COOKING TIME: 20 MIN

### INGREDIENTS

2 TBS olive oil  
1 large yellow onion, diced  
2 – 12 oz packages smoked  
sausage, diced  
1 TBS chicken base  
1 – 14 oz can of fire-roasted  
diced tomatoes  
1 c Spicy Bloody Mary mix  
1 – 10 oz yellow rice  
1 c long grain rice  
6 c water  
2 tsp parsley  
Hot sauce to taste

### DIRECTIONS

In a large pot on medium heat, sauté onion in olive oil until translucent. Add sausage and chicken base. Once browned, add rice and cook five minutes before adding tomatoes and bloody Mary mix. Once it's bubbling, add water, parsley, and hot sauce. Cover and cook on low heat for twenty minutes or until rice is tender. Serve with cornbread for the best tasting experience!

### NOTES

The chicken base and bloody Mary mix should be enough seasoning, but if you need to, add salt and pepper to taste.

# FROID'S FIERY CHILI



## INGREDIENTS

- 1 onion, diced
- 2 lbs. ground beef
- 2 1-oz. packages of Kinder's chili seasoning
- 1 bottle of beer (nonalcoholic works)
- 1 can light red kidney beans
- 1 can dark red kidney beans
- 1 can black beans
- 1 can fire-roasted diced tomatoes
- 1 cup salsa, fresh or jarred
- Dashes of hot sauce to taste

## DIRECTIONS:

Brown beef and onion. Add the rest of the stuff and cook on low as much of the day as you can pull off. At least four hours. Serve with cornbread. Or tortilla chips. Top with cheese and sour cream or whatever you prefer.



# Discussion Questions

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1. When we first meet Avalee, she is in need of healing. What are some of the steps she takes toward healing during the course of the book? Is her journey realistic? Are there parts of her story you could identify with?
2. Avalee tries to focus on “small happies” since she thinks she can’t have any of the “big happies” of life. How can this approach be helpful in dealing with life’s disappointments? In what ways might it fall short?
3. Lowcountry Lost is like a HGTV house-flipping show on steroids. Which building flip interested you the most? Is restoring an old home—or even just a piece of furniture—something you have done or would like to try?
4. Avalee had quite a unique, albeit silly, ghost town bucket list. If you had total access to a ghost town, what would be on your bucket list?
5. The crew finds all sorts of hidden “treasure” as they renovate the town. Hate mail in the post office, a burlap bank bag with no money in the fabric store, a box filled with metal crosses from the flower shop. Have you ever discovered hidden “treasure”? If so, what?
6. Second chances are a unique treasure that many are unable to discover. What are your thoughts on Avalee and Rowan discovering this treasure for their relationship?

7. Miscarriage and stillbirth are both sensitive topics explored within this story. How do you feel the author did at presenting it? Was it talked about enough? Too little?

8. A lot is lost in this story—items, people, relationships—and a lot is also found. What is your favorite lost and found from this story? Do you have a personal lost and found story of your own?

9. Bash is a unique young man who is cautious with sharing too many words. Do you think it would be interesting if he chose to say more?

10. Do you or someone you know have what might be considered an unconventional family? What are some of the special blessings families like this can experience? What are some of their special challenges?





# LOWCOUNTRY LOST PLAYLIST

“Heart Like A Truck” by Lainey Wilson

“Memory I Don’t Mess With” by Lee Brice

“Easy On Me” by Adele

“Weary Traveler” by Jordan St. Cyr

“You Ain’t Here to Kiss Me” by Brett Young

“Something’s the Same About You” by Old Dominion

“Not Over You” by Gavin DeGraw

“Little One” by Highly Suspect

“I Try” by Macy Gray

“Happier” by Bastille

“You Should Probably Leave” by Chris Stapleton

“Way Less Sad” by AJR

“Memory Lane” by Old Dominion

“One of the Good Ones” by Gabby Barrett

“Come What May” by We Are Messengers

“Free/Into the Mystic” by Zac Brown Band

“Broken Things” by Matthew West

“Roses in the Rain” by Christina Perri



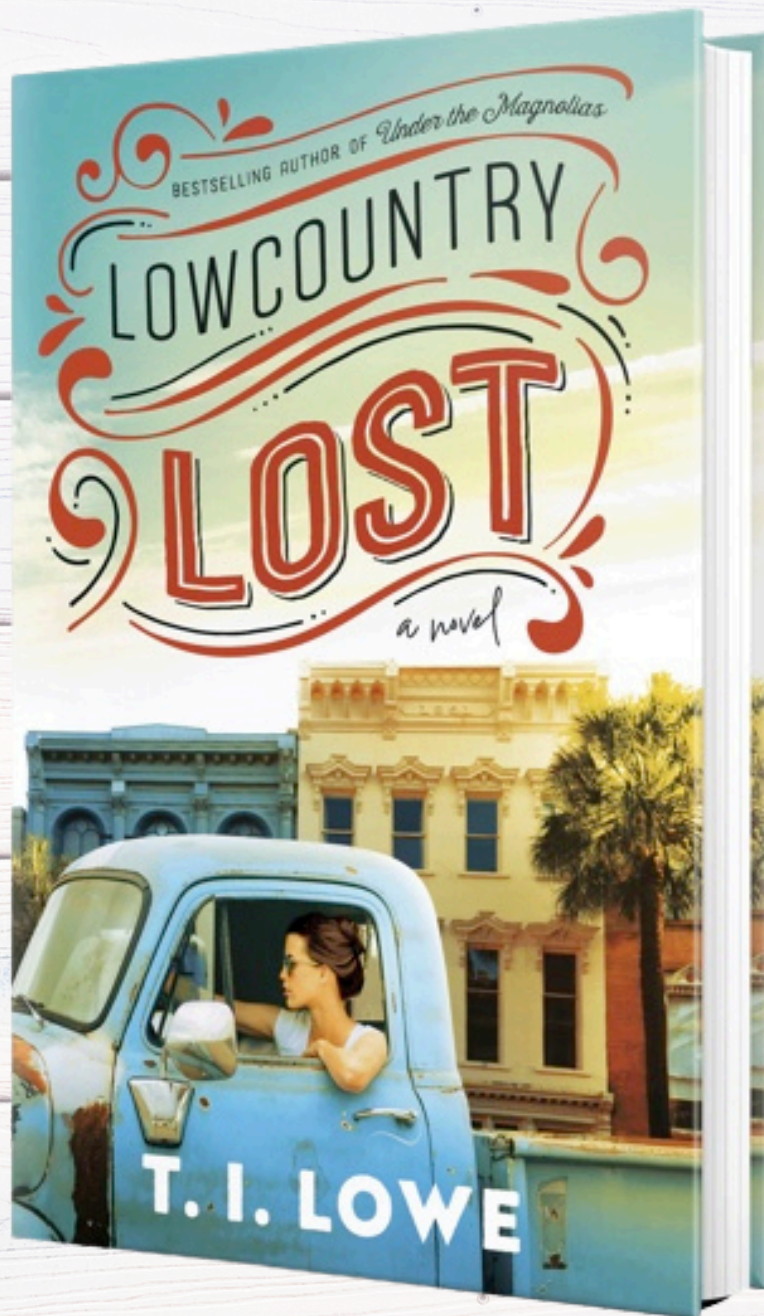
# *South of* SOMEWHERE

Have you ever messed up so big and terrible you think there's no coming back from it? In *South of Somewhere*, Juniper Wilder is absolutely sure she has. The troubled young mother has one summer to get her act together in order to have a shot at regaining custody of her two-year-old daughter. With the support of a wise old man, an eccentric support group, and an absentminded professor, Junie will eventually realize that even though her life has gone south at her own doing, she can start over again.

*Coming Spring 2026*



*Thanks for choosing*



*for your book club!*